



# District 19C Newsletter (Together We Serve A Greater Need)

## TEAMwork – Together Everyone Achieves More

October 2008

### District Governor's Remarks:



The concept of Teamwork in the District was evidenced during the district retreat at Ocean Shores the latter part of August. The cabinet was guided through team building exercises by PDG Hal Palmer. I must say that Hal has an amazing way of developing new techniques in providing exciting learning experiences. We learned innovative methods of how to recognize leadership in the District coupled with Team Building. I convey my personal thanks to all the participants for their contributions. The success of the retreat is directly related to the contributions made by each attendee and the superb facilitation.

#### Leader Dog

My experience at the Leader Dog Institute is one that I will always remember. I did not have a clue what would be presented at the Institute, from the moment I landed at the airport I sensed the spirit of professionalism. The attending District Governors were greeted with enthusiasm and unmatched hospitality. I knew then that this would be a worthwhile event.

The simplicity of the Leader Dog mission sums it up in a few words, but the scope of the mission is overwhelming, "The mission of Leader Dogs for the blind is to enhance the lives of people who are blind and visually impaired." The many briefings on training the clients, the breeding and training of the dogs were enlightening and very educational. The employees of the Leader Dog Institute, in my opinion, are the everyday heroes.

The opportunity to be led by a guide dog is an experience that I will never forget. I was given a short briefing as to what to expect when guided by a lead dog, I thought no sweat, but when I was blindfolded the world was not the same. I thought for a moment that I am a leader being led by a leader, who is in charge. I soon found out who was in charge as we began our walk around the chartered course. I am glad that my fears were short-lived. I thought how would I adapt to a permanent situation of being visually impaired.

Many levels of recognition are available for clubs and individuals making donations to the Leader Dog Institute. To find out more about Leader Dog recognition, contact Lion Sugar Murphy or Nick Murphy, the District Leader Dog Chairpersons, Lacey Sunrise Lions Club, 360-491-6262 or nmurphyrmis@comcast.net.

DG John

### Membership

IPDG Barbara Ellis, Membership Chair

Have you asked someone to join our Lions Family? The following Lions have and the ones they asked joined their clubs.

The sponsors for these new lions are: Jaye Compton, John Fisher (2), Bill Andrews, Dale Cronkhite, Tom Nelson, Mike Tobin and Judy Swanberg. Thank you for inviting!

Their new members are: Heather Kowalski, Tom Hollandsworth, James Kao, Lisa Lawless, Dorothy Ray, Jim Barbour, Scott Griffin, Angie Tobin and Barbara Sheridan. Thank you for joining our family of Lionism.

Seriously, that is really all it takes to get a new member. ASK and INVITE.

Make sure that your club meetings are informative, that an agenda is provided for your guest to follow and that the guest is introduced around to all Lions and made to feel welcome. And, most important, have fun. When your guest leaves, they need to leave with a feeling that they are wanted and needed in your Lion's family. And, after joining, involve and recognize this new Lion and use mentoring to help orientate the new Lion into knowing more about you, your club and our organization.

Membership is every member's responsibility. Invite someone today.

## Welcome to the LEMPR&R Corner!

By the time this newsletter has been published, the district's first working committee meeting will have taken place. It is important to note that the agenda and rules for the committee meeting were developed by the members who attended the committee's first meeting. By way of reminder, the LEMPR&R Committee consists of all the Zone Chairpersons, along with the District 19C chairpersons for Leadership, Extension, Membership, Public Relations and Retention.

The agenda was tailored to meet the committee members' needs, as were the rules. By having committee members participate in making the agenda, we can be assured that the committee's needs are met each and every meeting. At the conclusion of each LEMPR&R meeting, the agenda for the next meeting will be revisited, making sure that one of the district's most important committees remains agile and responsive to the district's needs.

Rules are important for any meeting, and I'm particularly proud the ones our committee came up with. They include:

- 30-seconds per person each time they are recognized to speak
- No interrupting
- No derogatory comments
- Speak only when recognized by the Facilitator
- Stay on topic
- No side bars; one conversation at a time
- Keep an open mind
- Talk to the Facilitator and the entire group (not solely to another individual)
- Cell phones off or on vibrate
- Be respectful of each other
- Avoid disruptions
- Rules will be included on the back of each agenda sent out before meetings

Does your club or committee have rules of conduct? It's an idea that establishes clear standards for member conduct and expedites business in most any type of meeting.

If you would like to attend a LEMPR&R meeting, please contact Vice District Governor Dave Pratt at 360-791-6531. Guests are welcome, although participation in the meeting's discussion is limited to members or by invitation.

**VDG Dave**

**a message from:**

**Mahendra Amarasuriya**  
Chairperson, Lions Clubs International Foundation

Dear Fellow Lions,

I would like to provide you with an update on LCIF's response to the recent hurricanes.

This summer there were a great number of hurricanes throughout the Caribbean and U.S. Gulf Coast. The destruction was significant, killing thousands and destroying properties across several countries and states from wind damage to flooding. Similar to past disasters, Lions and LCIF quickly responded to provide immediate relief items and help families to get back on their feet.

Hurricane Gustav caused \$20 billion in damage and caused great flooding damage in Mississippi, Louisiana and Texas, areas previously hard hit by Hurricane Katrina in 2005. LCIF issued five Emergency grants to Lions districts in Mississippi and Louisiana, totaling \$50,000 in relief funds. Grants totaling \$15,000 were also awarded to Lions in the Dominican Republic and Mexico.

Hurricane Ike, the ninth hurricane of the summer, also hit the Gulf Coast of the U.S., making landfall in Texas and causing destruction along hundreds of miles of coastline. LCIF has issued five Emergency grants to districts in Texas and Louisiana, totaling \$50,000 for immediate needs.

LCIF has responded to a number of recent natural disasters around the world. Since July 1, LCIF has issued \$464,000 in Emergency grants. LCIF continues to be in touch with Lions in the affected areas to assess the situation and respond as needed.

Emergency grants and Major Catastrophe grants are funded through LCIF's general humanitarian fund. Donations to support these disasters and future disasters can be made online at [www.lcif.org/donate](http://www.lcif.org/donate) or by calling 630-468-6774. Contact LCIF by e-mail at [lcif@lionsclubs.org](mailto:lcif@lionsclubs.org).

Thank you for your continued support and dedication to our Foundation. As members, we all belong to LCI, but LCIF belongs to us.



**Dave Risley**  
webmaster@md19clions.org

Hello Fellow Lions!

I'm Dave Risley, **your** IT chair and webmaster. I'd like to use my corner of your newsletter to answer any questions you have about your website or general computer usage. E-mail me at the above address and let me know what you want.

This month I'd like to ensure you all know that we have a website and where to find it. Just enter or copy **md19clions.org** into the address bar of your favorite browser.

Most of the information you'll find has been retrieved from the various club, zone, and district newsletters that I receive. If you want your upcoming events listed, have your bulletin editor send me your bulletin. I usually update the website on the weekend following receipt of the District newsletter (around the first weekend of the month). You can always send me news items at other times and I'll try to get them in as soon as I can.

Until next month, Happy Computing.

## Paper or Plastic? **Neither!**

PZC Mitzi Ludwig, Environment Chairperson  
mitziludwig@hotmail.com

Many Lions already have cloth bags they use, and some may be using a bag they received from me that says exactly the words used in the title of this article.



It's hard to say which is worse, paper or plastic. People in our country use 10 billion paper bags a year. Most brown bags are made of kraft paper which is stronger than other paper. A way to get paper that tough is to blend in virgin pulp made from actual trees, not from recovered paper. Think how much CO<sub>2</sub> is being released when these trees are cut down and how much they won't be able to capture in the future.

Plastic bags are made from petroleum. The petroleum is put through several chemical reactions until a puttylike material called a polymer is created. Polymer is the basis for all plastic. To make 14 plastic bags, you'd need the same amount of petroleum that it would take to drive a car one mile. One hundred billion plastic bags are thrown out each year.\*

If everyone used cloth bags, think how much petroleum could be saved. You could also take a cloth bag to the mall. For every store where you buy something, you'd save a plastic bag.

\*from What You Can Do to Stop Global Warming

**Save the Planet! We live here.**

## 19C Rosters are Available

Purchase of the District Roster can be made from Zone Chairpersons, Cabinet Secretary, PDG Emerson Bishop and the District Governor.

**3-hole Punched Roster - \$3.50**  
**Spiral Bound Roster - \$4.00**

**District Governor**  
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## Are You Registered? LEADERSHIP 101 WORKSHOP

Dan Comsia, Program Director

District 19-C will host a Leadership 101 Workshop on Saturday, October 25<sup>th</sup> from 8:00 am to 5:30 pm at Greater Lakes Mental Health Community Center, 9330 59<sup>th</sup> Ave SW, Lakewood, WA. 98499.

This workshop is a day long leadership orientation training for club officers and all Lion members who would like to serve in club or zone leadership positions. This is not the officers' training that takes place every spring. The workshop will focus in on areas of leadership that one could use in your clubs and in your daily life. The curriculum includes components like public speaking, meeting and agenda management, healthy club inventory, and conflict resolution.

Leadership 101 is an excellent introductory training. The training will lay the foundation for those who want to go onto the regional Northwest Lions Leadership Institute.

The cost of the workshop will be \$35; send your registration payment to Dan Comsia, Co Leadership Chair, 307 6<sup>th</sup> Ave NW, Puyallup, WA. 98371 (**see the flier with this newsletter**). The workshop is limited to 30 participants. For more information contact Dan Comsia at 253-840-0116 or dcomsia@mdc-tacoma.org.

Gain some valuable tools that you can use for a life time.

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## PEACE POSTER CONTEST



**Peace Poster Chairs:  
Thank You...You Are The Best!**

**Your First Deadline  
Is Due Before October 15, 2008**

**District Governor  
Notice of Participation PPC-5**

Complete and send this postcard  
(found in your Peace Poster Kit) to:

DG John Doyle, Jr.  
6660 E. Grandview Avenue  
Tacoma, WA 98404

Questions?

Contact: Iris Young, District Peace Poster Chair  
tomatonj@aol.com

## Leadership News

Dan Comsia, Co-Leadership Chair



**There will be a Zone Chair and Past Zone Chair Roundtable that will take place on October 13<sup>th</sup> from 5:30 to 8:30 pm** at Greater Lakes Mental Health Community Room, 9330 59<sup>th</sup> Ave SW, Lakewood, WA. 98499. It will be a time

share what is working and what is not working for our current zone chairs and to network with those who have served as zone chairs in the past. It also provides an opportunity if time allows to look at how zones are working to meet our District Governor's goals for the year. This has been a special roundtable in the past and we do invite all zone chairs and those who have been zone chairs in the past to attend.

**Please see the article about Leadership 101.** There will only be room for 30 in this leadership orientation training. We will not be able according to our grant from the Leadership Foundation to have NW Lions Institute graduates attend this training. We have almost 10 that have signed up already so please send your checks to Dan Comsia as soon as possible. Hal Palmer will be one of the workshop leaders so we know that it will be a high quality training.

**The Northwest Lions Leadership Training will be held February 5-8, 2009** at Crowne Plaza Hotel in Lake Oswego, Oregon. The cost of the institute which includes your hotel stay and all your meals plus the training is \$290. There is again a \$145 matching grant for Multiple District 19 members from MD19 Lions Service and Leadership Development Foundation. Dan Comsia and Marilyn Danby have applications or you can go to the following website and down load the application:<http://www.lionsmd19.com/leadershipinstitute/Senior%20lion%leadership%20institutes.htm>. The deadline for receiving applications is December, 2008. Many members from 19C have attended this institute and found it to be a rich and very rewarding experience.



**Dates to Remember....**

October 3 & 4 – MD 19 Fall Forum, Osoyoos, BC  
November 3 – 2<sup>nd</sup> Dist. Cabinet Meeting  
January 12 – 3<sup>rd</sup> Dist. Cabinet Meeting  
January 23-24, 2009 – MD19 Winter Council Meeting  
February 5–8, 2009 – NW Lions Leadership Training, Lake Oswego, OR  
March 6-8, 2009 – 19C Spring Conference, LaQuinta Inn, Tacoma



## SPOTLIGHT

October's spotlighted Lion is Lion Becky Frankeberger of the Shelton Lions Club. Becky is blind and will share her experiences with you as a visually impaired person with a guide dog.

### How did I get here?

By Becky Frankeberger, Shelton Lions

How did I get here I asked my roommate as we sat waiting for our new dog guides. I was in college using my long white cane to get from class to class. I had moved through the halls of Congress with that white cane lobbying for my fellow blind. Why did I need a dog guide? My roommate just about echoed my question. She was a Counselor working in a major hospital in Illinois. Neither one of us understood why our paths had to cross at dog guide school. Neither one of us made the mistake of having anyone talk us into such an important decision. We had to choose this path. We were both fine cane users, why were we there at this strange facility with a leash in our hands.

A knock on the door and in bounced a little yellow lab named Jessica for my roommate. Suddenly we were in different worlds as she stroked her bundle of yellow fur and cooed her name.

I lay back on my bed as I heard more nails on the floor going down the hallway. Time suddenly stopped and I felt so alone, as my roommate giggled with her happy new partner. The door knock came and Steve our trainer burst in with a fireball. This dog dragged this former college football lineman into the room. Steve said "Beck this is your dog Baylor." My first thought was, Baylor, what a dumb name.

It was time to take the dogs out to "park." Aka crap, giggle. Baylor just about tore my arm off. First life lesson from Steve, how to properly handle a highly trained dog. How to command him to walk at heel. So many lessons were yet to be learned during those four weeks at school.

Steve taught us how to put on a dog guide harness. Such a simple thing, but one I had never done before. Now how to hold the harness handle, the leash, and ever so quietly command the dog forward. Steve warned me to be ready to walk when I said the command "forward." Boy howdy he was not kidding. Baylor took off like a shot. My stumble forward proved that point clearly. Finally I caught up to the dog. We suddenly stopped. That folks were why I was at that school getting this dog guide. The way the sun was shining I never saw that step. The curb was low enough my cane would have passed over the curb and I would have been in the street before I could stop. I truly feel safer with my dog guide than any long white cane. Baylor stopped picture perfect, as per his fine training.

## Thank You, White Cane Days Volunteers!

NWLFSH 19C Trustee, PZC Mary Jo Cady

We set an ambitious goal this year of raising \$250,000 to restore sight. To date, you've raised nearly \$222,000, more than 88% of our goal. Every single person who benefits from your dedication will be so grateful. Thank you for your support!



White Cane Days has been an annual tradition for nearly 40 years. Through your dedication, thousands have received a second chance at a fulfilling life. Be a part of the legacy and help someone see - make a donation today!

**P.S. Special thanks to all of you who responded to the 10% Challenge! We're honored to have such dedicated volunteers.**

## Cornea Donations & Transplants

### Register to become a Cornea Donor

As an organ, tissue, and cornea donor, you could save or improve the quality of life for more than 50 others who suffer from organ failure, bone defects, heart defects, burns, or blindness.



Miguel Flores  
Cornea Recipient

Visit the Living Legacy website to learn more or to register your wishes.

If you decide to become an organ/tissue donor, remember to tell your family. Many donor families tell us that knowing of this wish and seeing it honored helped to steer them from loss and grief to memory of the donor's generous spirit.

Go to: [www.nlfoundation.org](http://www.nlfoundation.org) or contact me: [maryjocady@comcast.net](mailto:maryjocady@comcast.net) for more information or to schedule a presentation at your club meeting.

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**DEADLINE for submission of Newsletter information - 20<sup>th</sup> of each month.**



## Reminder.... LIONS VISITATION LOTTO

Every monthly Lions Visitation you attend, have your president, secretary or visitation chair send Visitation Chair PZC Bob Darrigan a report listing your name and number of visitations you attended from July 2008 – June 2009.

Visitation Chair PZC Bob Darrigan: C - 253-229-4148;  
H - 253-874-4282 or email: worldbooks@msn.com or  
Snail Mail: 104 S. 325<sup>th</sup> Place, Federal Way, WA 98003.

## Youth Exchange Activities PZC Bob H. Kelley, Youth Exchange Chairman

Youth Exchange is expecting to receive some interesting visitors this winter.

Arriving from Lima Peru are Abigail Calle (F) age 19 and Daniella Calamo (F) age 19. These young ladies will arrive about the 20<sup>th</sup> of December, exchange to the second host family about the 5<sup>th</sup> of January and depart for home at the end of January 2009. The exact dates are not confirmed at this time.

Arriving from Australia are Joelan Solata (M) age 17 and Sheridan Robins (F) age 18. They will be arriving during the first week of December, transferring to the second host family between Christmas and New Year's and leaving for home around the middle of January 2009.

These visitors are very interesting, entertaining and enjoyable. You, your Lions Club and all Lions can benefit by hosting a youth for three short weeks.

Please contact me for additional information at (360) 491-7337 or by email at bobleekelley@comcast.net.

**The MMR and VAD report must be submitted  
by the 20<sup>th</sup> of the month if mailed,  
if online by the last day of the month.**

## October is Play it by Ear Month

Play it by Ear is MD19's only annual hearing fundraiser. Every dollar Clubs raise through their events support the charitable hearing programs of our Northwest Lions Foundation for Sight & Hearing.

## HAPPENINGS AROUND DIST. 19C

**OysterFest – October 4 & 5** – Come sample the delicious seafood prepared by the **Shelton, Shelton-Morning Star and Hood Canal Lions** on October 4 & 5 at OysterFest 2008 held at the Mason County Fairgrounds off Highway 101. The gates are open from 10 a.m. to 6 p.m. each day.



See the West Coast Oyster Shucking Championships and enjoy the Washington State Seafood Festival. Over 60 Mason County non-profit organizations serve a variety of seafood and other tasty dishes. Visit the Art & Photography Competition and Seafood Cook-Off. Free entertainment is on-going. Wine tasting is provided by several Washington State Wineries in addition to Microbrew Tasting.

The Fairgrounds are located next to Sanderson Field, ½ mile north of Shelton, off US Highway 101. Mason County Transportation Authority provides a free shuttle service from the Shelton Yacht Club, Shelton Civic Center and the Port of Shelton. The cost of admission to OysterFest is \$5 per person with free parking. See you there! **For Additional Info – [www.oysterfest.org](http://www.oysterfest.org)**

## Tacoma Southeast Lions Club Soup Frenzy, Salad & Dessert Plus Auction, Friday, October 10.



Location: Village Green Mobile Home Park, 2904 – 84<sup>th</sup> St. South Lakewood from 6:00 p.m. to 9:00 p.m. All: \$7; 4 & Under: Free. For Information Call – Bob Grevstad at 253-

576-6840. --Come Taste the Mystery Pot!

**Bonney Lake Lions Christmas Fundraiser.** DeGoede Bulb Farm in Mossey Rock will be providing poinsettias for their fundraiser. The poinsettias are priced at \$12 for each pant. Plant description – 6" poinsettias in color choices of red, white, pink, red/white combo and pink/white combo. Bonney Lake Lions will also be selling 24" Christmas wreaths made of noble, cedar, berried juniper and pine cones for \$17. Please note: Bows are not included. The wreaths are provided by Deer Run Greenery out of Bonney Lake. Delivery will be the week after Thanksgiving. Orders must be received by October 30. Contact Judy Freed at judster21@hotmail.com for order and payment information.

**Roy Community Lions are hosting a Man of the Year Dinner on October 22 at 7 p.m., Old General Store Steakhouse.** Tickets are \$30 for a prime rib dinner, dancing and all proceeds benefit the local community. For information contact Lorraine at [www.lorlopez.com](http://www.lorlopez.com) or 253-961-7897.



## District Governor's Revised Schedule October 2008 – March 2009

(As of September 18, 2008)

### October 2008

October 2-5 DG MD19 Fall Forum/Osoyoos, BC  
October 6 DG Yelm/Official Visit  
October 7 DG Silverdale Sunrise/Official Visit  
October 8 DG Tacoma Southeast/Official Visit  
October 9 DG Mineral Lake/Official Visit  
October 14 DG Enumclaw/Official Visit/Noon  
October 14 DG Olympia Capital City/Official Visit  
October 15 DG Tumwater/Official Visit  
October 16 DG Shelton Morning Star/Official Visit  
October 16 DG Port Orchard/Official Visit  
October 20 DG Puyallup South Hill/Official Visit  
October 22 DG Lakewood First/Official Visit  
October 28 DG Lakewood Knights/Official Visit

### November 2008

November 3 District 2<sup>nd</sup> Cabinet Meeting  
November 5 DG Sumner/Official Visit  
November 6 DG C6 2<sup>nd</sup> Zone Advisory Meeting  
November 11 DG Olympia West/Official Visit  
November 13 DG Bonney Lake/Official Visit/Noon  
November 13 DG C4 Zone Advisory Meeting  
November 14 DG Kent Lions 70<sup>th</sup> Anniversary  
November 15 DG C2 2<sup>nd</sup> Zone Advisory Meeting  
November 18 DG Fife/Official Visit  
November 20 DG Graham Sunrise/Official Visit  
November 21 DG C1 2<sup>nd</sup> Zone Advisory Meeting  
November 22 DG C5 2<sup>nd</sup> Zone Advisory Meeting  
November 25 DG Milton-Edgewood/Official Visit  
November 27 Happy Thanksgivings

### December 2008

December 1 DG Federal Way Knights/Official Visit  
December 2 DG Spanapark Early Risers/Official Visit  
December 3 DG Lacey Lamplighters/Official Visit  
December 4 DG Puyallup South/Official Visit  
December 8 DG C3 2<sup>nd</sup> Zone Advisory Meeting  
December 9 DG University Place/Official Visit  
December 11 DG Lacey Mid Day/Official Visit  
December 16 DG Covington/Official Visit  
December 18 DG Tacoma Narrows/Official Visit  
December 25 Happy Holidays

### January 2009

January 7 DG Key Peninsula/Official Visit  
January 12 District 3<sup>rd</sup> Cabinet Meeting  
January 13 DG University Place/Official Visit  
January 15 DG Eatonville/Official Visit  
January 18 DG Lakewood Korean/Official Visit  
January 21 DG Roy Community/Official Visit  
January 22 DG Tacoma Downtown/Official Visit  
January 23-24 DG MD-19 Winter Council Meeting  
January 27 DG Spanaway/Official Visit  
January 29 DG C4 3<sup>rd</sup> Zone Advisory Meeting

### February 2009

February 7 DG C2 3<sup>rd</sup> Zone Advisory Meeting  
February 8 DG C5 3<sup>rd</sup> Zone Advisory Meeting  
February 9 DG C6 3<sup>rd</sup> Zone Advisory Meeting  
February 12 DG Tenino/Official Visit  
February 16 DG C3 3<sup>rd</sup> Zone Advisory Meeting  
February 27 DG C1 3<sup>rd</sup> Zone Advisory Meeting

### March 2009

March 6-8 District 19C Spring Conference  
March 6 District 4<sup>th</sup> Cabinet Meeting