



# District 19C Newsletter (Together We Serve A Greater Need)

## TEAMwork – Together Everyone Achieves More

May 2009

### District Governor's Remarks:



We started the year with incredible enthusiasm, vigor and determination as a **Team** to serve our communities. SMART goals were adopted. Everyone that was involved accepted the challenges to make our goals become a reality. I am proud to say that a majority of our goals have been made and the efforts of the **Team** have given a glimmer of light at the end of the tunnel. Quality of service to our communities is our main purpose for existence. If we retain our members and gain new members we can provide more service to our communities to meet today's demand. We have had a significant number of drops but have also gained an impressive number of new members; the glimmer gets brighter with each new member. I ask that you evaluate the situation that you have control over before dropping any member.

There are two Officer Report Forms that need to be submitted. The Multiple District 19 form was due April 30 and the Lions Clubs International form is due May 15. If you have not submitted these forms, please do so immediately. One of our goals was to have a 100% of submission of the Monthly Membership Report and the Visitation and Donation Reports, I do not know of any reason why this goal can not be attained. We have gotten as high as 98% but fell to 87% in April. Less than 50% of the clubs have made a contribution to Lions Clubs International Foundation, CARE and Leader Dog, all of these are worthy of our donations regardless of the amount donated. I know that you have made contributions to other worthy organizations and programs. You are applauded for making those contributions. Stretching your budget just a little more in making a contribution to LCIF, CARE and Leader Dog will also help the unfortunate both globally and locally.

Multiple District 19 has strived to make your attendance at the convention in Penticton, BC an enjoyable and educational experience. I am anxious to see many Lions from District 19 C in Penticton.

The 2011 Lions International Convention is coming to Seattle July 4-8, Multiple District 19 is the Host. Committee chair positions are open such as souvenir & pin sales, parade float volunteer, parade refreshments (for volunteers), city hospitality, greeters, interstate

welcome centers, RV & trailer camps, international family transportation. In addition seminars chairs needed, classroom setup, hall monitors & runners, opening ceremony, shuttle and registration and gift distribution. Let's make this a great success it can not be done without you. Sign up on line at [www.lionsconvention2011.com](http://www.lionsconvention2011.com).

**Unlike Citicorp that make their reality dreams, we make our dreams a reality. Thanks for all your hard work, dedication and devotion.**

DG John

### (New Date) **Banner Passing**

**Tuesday, June 23**

**Tacoma Elks**

**6 p.m. Social, 6:30 p.m. Dinner**

**Delicious Bar-B-Q - \$12 per person**

**Reservations should be made to**

**PZC Marilyn Danby at [mdanby@comcast.net](mailto:mdanby@comcast.net)**

**No Later Than June 13**

### **First District Cabinet Meeting**

**Tuesday, July 14**

**Tillicum Community Center**

#### **District Governor**

John Doyle, Jr. (Marlene)  
Tacoma Southeast Lions  
(H) 253-472-5238  
(C) 253-209-7453  
[dezellson@aol.com](mailto:dezellson@aol.com)

#### **Cabinet Secretary/Treas.**

Frank A. Pearce, Jr. (Sheila)  
Tacoma Southeast Lions  
(H) 253-840-3533  
(C) 253-906-1445  
[lionpaco@comcast.net](mailto:lionpaco@comcast.net)

#### **Vice District Governor**

Dave Pratt, Jr. (Jacqueline)  
Yelm Lions  
(H) 360-400-1746  
(B) 360-791-6531  
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[VDG-19C@comcast.net](mailto:VDG-19C@comcast.net)

#### **Bulletin Editor**

Sandy Johnston (David)  
Shelton Lions  
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[ssj@hctc.com](mailto:ssj@hctc.com)

## The LEMPR&R Corner – April 2009

Happy Spring from your LEMPR&R Committee.

Spring is a season for renewal a great time to reflect on why each of us joined Lions. Every person has a reason why they joined, whether it was to serve others, meet friends of like minds, or network. Each reason is valid when the end result is happy Lions and more hands to do service.

As Retention Chairperson Jan McCaffrey is likely to tell anyone who asks, one of the keys to retention is identifying each Lion's interests. If the club offers service projects, fund-raisers and fellowship that appeal to those interests, then those Lions are more likely to enjoy their involvement in our clubs and want to remain Lions.

As you examine your club, take a good close look at your members. If you don't know what their interests are, ask them and then act on the information you receive. Invite them to share their interests with the club, or lead a new project that capitalizes on their specific areas of interest. You'll end up with a more engaged member who is likely to remain, and maybe a great new project.

Clubs who know and act on their members' interests retain those members. It is one of the essential ingredients to great club health.

Have a great season!

Dave Pratt, VDG

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### Camp Leo for Children with Diabetes

July 19-25, 2009  
Panhandle Lake 4-H Camp

#### Please sponsor a child to camp for \$500.

No donation too large OR too small  
to make your zone 100% in support of Camp Leo

Please send to:  
**Art Weatherly, Treasurer**  
3029 Sleater Kinney NE  
Olympia, WA 98506

If you would like to volunteer to help at camp as an individual or as a group with your club, please contact Jeanne Phillips at [snipn@aol.com](mailto:snipn@aol.com) or Pauline Ostheller at [postheller@embarqmail.com](mailto:postheller@embarqmail.com)



## Leadership Events

PZC Dan Comsia, Co-Leadership Chair

As our Lion year comes to a close, we have two more training events scheduled. **The officer trainings will be held on Thursday, May 21 from 5:30 to 8:30 p.m. and the second will be on Saturday, May 30 from 8:30 a.m. to 1 p.m. Both of these training events will be held at the Tillicum/American Lake Gardens Community Center, 14916 Washington Ave SW, Lakewood, WA 98498.** We will have training for board directors, presidents and vice presidents who would like to attend, secretaries, public relation chairs and treasurers. Officers have the opportunity to attend one or the other of the trainings. We hope all of the incoming officers will avail themselves of these excellent trainings. It is a great way to have officers prepared to start their new Lion year.

As was mentioned last month in this bulletin, PDG Bill Ellis will be the new leadership chair for the coming year. Bill is also the curriculum chair for our Northwest Lions Leadership Institute that will take place February 4-7, 2010 at the Coast Wenatchee Center Hotel. Brochures are available at the Multiple District Convention in Penticton, B.C. in May or Dan Comsia, Institute Superintendent. We in District 19 C have a great tradition of sending our members to this institute. We are a leader in both MD 19 and MD 36 for having the most graduates of any other district. We want that tradition to continue, so please consider joining us at this institute next February. Strong leaders do build strong clubs!

Thanks for the support that you have given to me and Marilyn Danby this year as your co-leadership committee chairs. It is greatly appreciated!! PDG Bill Ellis will continue to schedule great leadership events in the coming Lion year!



### Reminder....

#### LIONS VISITATION LOTTO

Every monthly Lions Visitation you attend, have your president, secretary or visitation chair send Visitation Chair PZC Bob Darrigan a report listing your name and number of visitations you attended from July 2008 – June 2009.

Visitation Chair PZC Bob Darrigan: C - 253-229-4148;  
H - 253-874-4282 or email: [worldbooks@msn.com](mailto:worldbooks@msn.com) or  
Snail Mail: 104 S. 325<sup>th</sup> Place, Federal Way, WA 98003.

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# May Is Health Vision Month

# Opening Eyes

PZC John Budzak, Opening Eyes Chair

Fellow Lions,

Did you know that more than 11 million Americans have common vision problems such as nearsightedness, farsightedness, astigmatism, and/or presbyopia? While this number may sound alarming, the good news is that these problems can be detected through a comprehensive dilated eye exam and are easily corrected with the use of prescriptive eyewear such as glasses or contact lenses.

May is Healthy Vision Month, a national eye health observance in the United States. The focus this year is to reduce uncorrected visual impairment due to refractive errors. Healthy Vision Month is sponsored by the National Eye Health Education Program (NEHEP) of the National Eye Institute. Lions Clubs International is a member of NEHEP and works closely with them to promote healthy vision in our communities.

In order to help your Lions Club educate the public about healthy vision month and the role regular eye exams play in maintaining good eye health, NEHEP has developed a variety of resources available in a *Healthy Eyes Toolkit*. It includes a variety of resources such as web links, e-cards, print and radio public service announcements (PSAs), sample text messages, drop-in articles, fact sheets, and downloadable posters, bookmarks, and stickers that can be used to promote the importance of eye exams. <http://www.healthyvision2010.nei.nih.gov/hvm/> and <http://www.nei.nih.gov/healthyeyestoolkit/>

Lions Clubs play an important part in eye health promotion in their communities. Please join LCI and NEI in our efforts to elevate vision health as a priority. Please let us know if you have participated in an activity to promote eye health in May. We want to hear from you. [lcif@lionsclubs.org](mailto:lcif@lionsclubs.org)

Sincerely,  
Lion Mahendra Amarasuriya  
LCIF Chairperson, 2008-09

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## MD 19 Lions 88<sup>th</sup> Annual Convention "Elvis in Las Vegas" May 14-16, 2009 Penticton, B.C.

Registration Information:

MD19 Website:  
<http://www.lionsmd19.com/conventions/MDCConvention.htm>  
or  
Latest Issue of "The Border Crossing"  
Deadline for Registrations & Refunds – May 8

Opening Eyes is rapidly approaching. The event will be held on May 30 and 31 at Ft. Lewis Washington. Volunteers are needed from 7 a.m. to 5 p.m. on both days. If you can work, please contact PZC John Budzak at [warbuff60@comcast.net](mailto:warbuff60@comcast.net) for an application form. You will need this to get on the base at Ft. Lewis as well as having a minimal background check completed.

Opening Eyes is a program of LCI in concert with Special Olympics. We work with optometrists to check the athlete's eyes to see if they need glasses. Most of the simple prescriptions are filled on site for no charge. Specialized glasses are made off site and sent to the athletes at no charge. In years past 200 plus athletes were screened each year and we average 70 pair of glasses given out to the athletes.

This project gets to the core of what Lions are all about. It is a wonderful weekend to meet some great people and if the opportunity exists take the time to watch some of the events. It is a great weekend for the athletes and the volunteers alike.

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## Extension District C Style

VCC Jim McCown

I hope everyone had a happy Easter and you are enjoying some of the spring that was late in coming. I have been busy going to District Conferences and haven't had time or the energy to work on Extension. The conferences will be over as you read this report. So I shouldn't be so beat that I can't again do some work on extension.

We still are working on Bainbridge Island and hope to either bring that to fruition as a new club or at least a branch club. We should know within the next few weeks which way that will go. I have been looking over the Tumwater area and may start working on putting together a New Century Lions Club in that city. We do need some help and prior to working on the New Century Lions club of Tumwater we will need a team to canvass that city. Please let me know if you can be part of that team?

Thanks to all who have contributed to Extension in the past and in the future.

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**Mother's Day**  
**Sunday, May 10**



Dave Risley, webmaster@md19clions.org

Everyone should have elected their officers and directors for next year. Please get those lists to me soon so that we have the right people identified in this year's roster.

It's wonderful that many of you are logging in to the members only section of the website.

A few reminders about creating an account:

1. All entries are case sensitive. Dave is not DAVE is not DavE is not dave.
2. All email addresses are all lower case.
3. The information needs to match what is in the database. If your current email address doesn't work, try your last one.
4. If you're listed in the roster as Richard: Rick, Dick, or Rich won't work. Alternately if you're listed as Rick: Richard won't work.
5. If your name has an apostrophe, try it with and without. It seems I have not been consistent so I'll get that fixed in the future.

As always, if you run into difficulty send me an email or give me a call.

DaveR

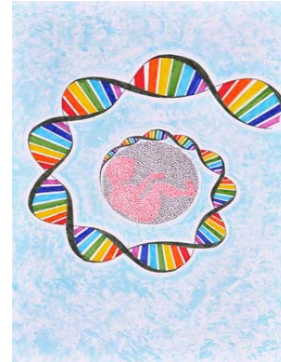
## Dates to Remember

- May 21 – Officer Training
- May 30 – Officer Training
- May 14-16 – MD19 Annual Convention
- June 23 – Banner Passing
- July 14 – 1<sup>st</sup> Dist. 19C Cabinet Meeting
- July 19 – 25 – Camp Leo

(See related articles in May Newsletter)

## Peace Poster Contest

"I was inspired during science class.  
If each DNA contained the gene of peace,  
everybody's life would have meaning."



2008-09 Merit Award Winner  
Giovanni Maggio

Your Club could be an inspiration to the middle school youth in your community.

Let's make this happen in 2009-10.  
Iris Young, Peace Poster Chair, tomatonj@aol.com

## Camp Leo Volunteers Needed

Mark your calendars, July 19<sup>th</sup>-25<sup>th</sup>. We have a variety of placements needing filling. The dining room takes up most of our needs yet we have parking, special craft projects, craft assistants, outdoors recreation and of course clean-up.



Each club secretary and president has been sent the volunteer form. We need to know individually what days, hours and tasks you wish volunteer for.

Come enjoy the fresh air, scenery and spirit of giving while supporting the kids as they learn to manage their health issues concerning diabetes.

Questions, concerns or sign up forms? Please contact one of the following Camp Leo Lions Volunteer Co-ordinators:

Pauline Ostheller  
postheller@embarqmail.com  
360-598-2239

Jeannie Phillips  
snipn@aol.com  
253-884-2317

# Global Warming

## Reduce, Reuse, Recycle, Refuse, Rethink

PZC Mitzi Ludwig, 19C Environmental Chairperson

Global Warming is something that is affecting everyone, however, it is our children and grandchildren who will suffer the most.

According to a MIT (Massachusetts Institute of Technology) study, there has been a 100% increase in the intensity and duration of hurricanes since the 1970's, costing billions of dollars.

According to U.S. Geological Survey predictions, by the year 2030 Glacier National Park will have no glaciers left.

400,000 square miles of Arctic ice has melted in the last 30 years (roughly the size of Texas), threatening polar bear habitats and further accelerating global warming worldwide, according to the Arctic Climate Impact Assessment.

The amount of plant and animal species that global warming could wipe out by 2050 is estimated to be between 15% and 37%.

Just as mankind has the power to destroy the planet, we have the power to save it.

### Here are 4 examples of things you can do to help.

(They include statistics on how much CO<sub>2</sub> and money you could save.):

1. Replace 3 frequently used light bulbs with compact fluorescent bulbs. This could save 300 lbs. of carbon dioxide (CO<sub>2</sub>) and about \$60 a year.
2. Buy minimally packaged goods. Less packaging could reduce your garbage by about 10%, save 1,200 pounds of CO<sub>2</sub> and \$1,000 per year.
3. Buy a Hybrid car. The average driver could save 16,000 lbs. of CO<sub>2</sub> and \$3,750 per year.
4. Check your car's air filter monthly. This could save 800 lbs. of CO<sub>2</sub> and \$130 per year.

### More ways to save CO<sub>2</sub> and money:

- ✓ Keep your car tires adequately inflated. Check them monthly.
- ✓ Run your dishwasher with a full load.
- ✓ Use 100% post consumer recycled printer paper.
- ✓ Replace old appliances. Inefficient appliances waste energy.
- ✓ Unplug unused electronics because they use energy even when they are turned off.
- ✓ Take cloth bags with you to bring groceries and other purchases home.
- ✓ Take quick showers instead of baths.



- ✓ Use a push mower. Use your muscles instead of fossil fuels and get some exercise.
- ✓ Caulk and weather strip your doorways and windows.
- ✓ Buy products locally and reduce the amount of energy required to drive these products to your store. The consumable products we purchase represent over half of the average family's carbon footprint!

I'm sure you can think of more.

Even if you only do a few of these suggestions it will help. **Save our Planet---We live here!**

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## MEMBERSHIP

IPDG Barbara Ellis, Chair

The M&M contest for the Multiple District came to a close on April 30, 2008, but our district contest is still going and will be right up to the end of the Lions year on June 30. The winner for the Multiple will be announced at the annual convention in Penticton, BC and the District 19 C contest will be announced at the Banner Passing on June 23, 2009. So, gear up and invite those friends, neighbors and coworkers to your Lions meeting.

There were lots of clubs that brought in members in March. We welcomed twenty-two new Lions, but we still had three clubs that insisted on dropping three members. Surely, everyone has paid dues for their clubs by now, so there won't be anymore drops until JULY, right? There are clubs that are bringing in new members in April. Lots of Open Houses are planned also.

We are all working as hard as we can to give John a positive finish, so let's bring them in and keep them in. Close that back door.

You know it is so easy to bring a Lion in to Lionism. It is what you do in between the door they come in and the back door that will make them a great Lion and a keeper. Think about this. Look at your club in an honest and positive way and then go about making the necessary changes to keeping your Lions happy and interested in your club.

We have a great opportunity to really step up and serve during this economy. Changes may have to occur to accommodate some of your members for awhile. Maybe you might consider a meeting place where no meal is necessary or meet in homes of members, if cost is a problem. Whatever it takes will prove rewarding if it means keeping your members.

Thank you to all the clubs that are asking people to their club meetings. Thank you to all the sponsors. Keep up the good work and we most certainly will end on a positive note.

## District Governor's Schedule

April – September 2009  
(as of 4/29/09)

### May 2009

May 1	Zone 19C-4 Zone Social
May 2	Zone 19C-5 Zone Social
May 14-16	MD19 Conference in Penticton BC
May 21	Dist. New Officer Training 5:30 p.m. – 8:30 p.m. at Tillicum/American Lake Community Center
May 30	District New Officer Training 8:30 a.m. to 1 p.m. at Tillicum/American Lake Community Center

### June 2009

June 6	Zone 19C-1 Zone Social
June 13	Zone 19C-3 Zone Social
June 20	Zone 19C-6 Zone Social
June 23	Banner Passing – Tacoma Elks

### July 2009

July 6-10	92 <sup>nd</sup> LCI Convention in Minneapolis, MN
July 14	1 <sup>st</sup> District Cabinet Meeting
July 19-25	Camp Leo

## Federal Way Lions Foundation Sponsors 25<sup>th</sup> Annual Volksmarch June 6 & 7

The Federal Way Lions Foundation is sponsoring the 25<sup>th</sup> Annual Volksmarch at the Weyerhaeuser Corporation Headquarters on June 6 & 7. From 1-5 take Exit #142A/142B (SR 18) go East to Weyerhaeuser Way and follow the directional signs to the designated parking lot.

This is a free walk for non-volksmarch members. Families are welcome. You must register and have a start card for free entry into the Rhododendron Garden.

There are 3 different walks:

- 10km (6.2 miles) start time 8:00 a.m. – 1:00 p.m.
- 5km (3.1 miles) start time 8:30 a.m. – 1:00 p.m.  
(Note: The 10km and 5km are sanctioned volksmarch #83549)
- For disabled and handicapped – 3km (1.8 miles) start time 9 a.m. – 1:00 p.m.

The trail is marked and the walk is non-compleitive. The walk is on a dirt path with a few moderate hills through the park-like Weyerhaeuser campus and the 22 acre Rhododendron Species Botanical Garden with over 450 species. Also, the walk includes the Pacific Bonsai Art Collection, an outdoor museum of 50 bonsai trees. Sorry no pets allowed in the Rhododendron Garden. The trail is suitable for strollers; not suitable for wheelchairs.

**A breakfast of pancakes, ham, juice or coffee will be served from 7:30 a.m. – 11 a.m. at a cost of \$5. Lunch of beef or polish dogs with chips and beverage at a cost of \$5.**

Net proceeds are returned to the community through the Federal Way Lions Foundation. For more information call – George Cohee at 253-569-9172 or email [liongeorge@comcast.net](mailto:liongeorge@comcast.net).

## HAPPENINGS AROUND DIST. 19C

### Lakewood Knights Lions Installation of Officers – June 9 at The Grill at Meadow Park Golf Course.

5: 30 p.m. Social and 6 p.m. Dinner. Buffet Menu - Cost - \$25 per person. Must have reservations prior to June 2 – Contact Secretary Mary Green at 253-582-7129 or Ed Hildebrandt at 253-581-4641 for reservations.

### Lacey Mid-Day Car Show on Saturday, June 20.

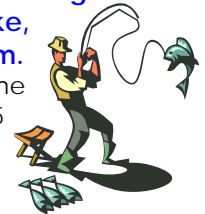
The Car Show is scheduled for Saturday, June 20 at the Lacey Lowe's parking lot on College and Yelm Highway.

### Puyallup South Hill Lions Celebrate their 25<sup>th</sup> Anniversary on May 9. - Dinner catered by "Famous Dave's BBQ", the Orting Club House, Social at 6:30 p.m., meeting at 7 p.m. Speaker – DG Elect Dave Pratt.

Win a chance for an Argosy Cruise to Tillicum Village by buying your admission ticket in advance at \$15. Your name will be entered into a raffle for the presale tickets only. All other tickets \$20 paid at the Door. For tickets contact- PKL Ron Hirling at 253-537-3026 or PKL Fred De Rome 253-606-5194.

### 7<sup>th</sup> Annual Lacey Sunrise Lions Fishing Derby on May 9 at Long Lake, Lacey from 5:30 a.m. – 1 p.m.

Register the day of the event at the Carpenters Union Park, 2915 Walthew St. or the Public Boat Launch off Carpenter Road. Adult (15 and over) - \$15; Youth (14 & under) - \$7. PRIZES – Cash & Gear from Sportsman's Warehouse and Cabela's. Derby Hotline 360-918-5253 or <http://www.laceysunriselions.org>. Benefiting Relay For Life/American Cancer Society.



## Fun & Surprises at Lacey Sunrise Lions' Pancake Breakfast



Officer Miguel Stansberry aka "Flip", to his left Lion Jack Ford, Pancake Manager, and to his right Nick Murphy, Management Trainee, with clipboard. They are all wondering how to explain the one pancake on the ground. Did Jack do "career counseling," did Nick catch this all on his clipboard? Next year come and join them for answers to these and other questions.....

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### **Puyallup Lions Club 2009 Charity Rally – June 27.**

Start and Finish will be at Destination Harley-Davidson Puyallup, 18810 Meridian Ave. East, Puyallup, WA 98375. Open to all Street Legal Vehicles. Pre-Register for \$15 (cut off for pre-register, June 13) Day of \$20. \$600 Purse 50/50 Raffle and Drawing for prizes-must be present to win. Barbeque for all paid participants provided by Destination Harley-Davidson after the event. All proceeds to benefit the Puyallup Lions Club Sight, Hearing and Diabetes service projects. For more information and registration forms contact:

[www.puyalluplions1954.com](http://www.puyalluplions1954.com) or  
[puyalluplionsrally@yahoo.com](mailto:puyalluplionsrally@yahoo.com).

Sign-up 8 a.m., Last Vehicle Out 9 a.m.,  
Course Closes 3 p.m. & Awards 3:30 p.m.

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## **Newsletter Deadline 20<sup>th</sup> of Each Month**

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**Low Vision Resource Center** – The Lions Low Vision Resource Center is located at 4313 – 6<sup>th</sup> Avenue SE in Lacey. It is open from 1 to 4 p.m. on Wednesdays and Sundays. For more information contact Lion Carl Corbin at 357-7085 or [carl98501@comcast.net](mailto:carl98501@comcast.net).

## **Bremerton Chief Kitsap Lions North Mason Lions Rummage Sale June 6 & 7, 2009 9 a.m. – 5 p.m.**

***CLOTHING, HOUSEHOLD, TOOLS,  
SMALL APPLANCES, ARBOR RAFFLE,  
and MUCH, MUCH MORE....***

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### ***RAIN OR SHINE! Tent Covered***

Harvey's Butter Rum Batter  
S. National & G Street  
Navy Yard City,  
Loxie Eagan Exit

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**To donate items or for more  
Information:  
Lion Mike Hudson  
360-377-9618**