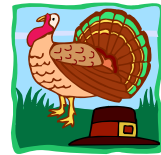




# District 19C NEWSLETTER



DG Rick Drury

*"Quest for Miracles through Service"*

November 2011

## District Governor

Rick Drury  
253-740-8518  
PO Box 111402  
Tacoma, WA 98405  
[rdrury03@gmail.com](mailto:rdrury03@gmail.com)

## 1<sup>st</sup> Vice District Governor

Dave Risley  
360-930-2751  
23989 Dove Lane NW  
Poulsbo, WA 98370-7112  
[davidrisley@comcast.net](mailto:davidrisley@comcast.net)

## 2<sup>nd</sup> Vice District Governor

Marilynn Danby  
253-208-4556  
4323 S Warner St, Apt A  
Tacoma, WA 98409  
[mdanby@comcast.net](mailto:mdanby@comcast.net)

## Cabinet Secretary

Judy Ann Bergvall  
360-491-1800  
4511 Sleater Kinney Rd NE  
Olympia, WA 98506  
[johnbergvall@comcast.net](mailto:johnbergvall@comcast.net)

↘ District Website ↙  
[www.md19clions.org](http://www.md19clions.org)

## Inside This Issue:

VDGs Messages	Page 2
Club Support Team	Page 3
Upcoming Events	Page 4
Membership Census	Page 5
DG Rick's Schedule	Page 6
Diabetes Awareness Month	Page 7
GMT Article	Page 8

## DISTRICT GOVERNOR'S MESSAGE

This month, I just want to share some quotes with you. I will not spend time addressing each because that would only be me sharing with you my reflection on them, and what I hope is that you will take the time to develop your own. There is much to be learned through reflection on the thoughts of others. So here is a collection of a few of those thoughts that seem to bear true upon us as Lions:

*"We ourselves feel that what we are doing is just a drop in the ocean. But the ocean would be less because of that missing drop."* - Mother Teresa

Reflection: Have you ever thought about your drops in the ocean? Have you thought about the state of your community if you or your club were not there?

*"To laugh often and much; to win the respect of intelligent people and the affection of children; to earn the appreciation of honest critics and endure the betrayal of false friends; to appreciate beauty; to find the best in others; to leave the world a bit better, whether by a healthy child, a garden patch or a redeemed social condition; to know even one life has breathed easier because you lived. This is to have succeeded."* - Ralph Waldo Emerson

Reflection: What have you done or what more could you do to leave your small piece of the world a better place?

*"Kindness is a language which the deaf can hear and the blind can read."* - Mark Twain

Reflection: If kindness is truly a language, how often do you speak it and when was the last time that you did?

*"A class in music appreciation was asked the difference between listening and hearing. At first there was no response. Finally, a hand went up and a youngster offered this sage solution: Listening is wanting to hear."* - From M.C. Hess

Reflection: What would you have to change so that you are truly hearing when you are listening? How can you or your club membership communicate better?  
**(cont. on Page 2)**



## DG Rick at the MD-19 Annual Convention

← Formal  
↓ Action  
Budweiser in each hand →



**DG Rick (cont.)**

"A new idea is delicate. It can be killed by a sneer or a yawn; it can be stabbed to death by a quip, and worried to death by a frown on the right man's brow." – Charlie Brower

Reflection: What new ideas have you heard in your club? What new ideas have not been presented because of any of the reactions listed in the quote?

There are a lot of things that we all can do better. I hope that this small collection will inspire you to become a light, not a judge; model, not a critic, and to become a change catalyst, not a victim; healer, not a carrier. Trust yourself to become one of the best, and watch your influence grow.

**1VDG Dave's Dispatch**

Lions of District 19C – Greetings,

As we approach the Thanksgiving holiday, I know each of you are doing great things that will make many people thankful that your Lions club exists. I wonder what you might be thankful for this year?

I'm thankful for a day off of work,

my favorite meal of the year,

sudoku,

"The Day the Earth Stood Still",

"The Stand",

that I could refinance my home at 3.25%,

that I have a home and a warm place to sleep,

a caring, loving family,

and all of you for helping me be something more than I am.

With luck, I'll even be thankful for getting the roster done :-)

**Happy Thanksgiving Everyone**

**Another November Tradition for Club Treasurers**

If your Lions Club's gross receipts were \$50,000 or less last year (July 1, 2010 – June 30, 2011), you're required to electronically file an e-Postcard (Form 990-N) by November 15<sup>th</sup> to maintain your tax-exempt status.

It takes only a few minutes and keeps the IRS happy!

**2VDG Marilyn's Memo**

November is here and with Thanksgiving right around the corner, it is a good time for Lions to reflect on our Spirit of Community, Service, and Giving, not only as a club but as an individual.

Our Clubs in District C thrive on the Spirit of Giving throughout the year. We provide eyeglasses, hearing aids, food baskets, scholarships, dictionaries, and donations to LCIF, CARE, Camp Leo, Project New Hope, Leader Dogs, White Canes, and many more.

What we sometimes forget or never see is the appreciation from each of our communities. Because **We Believe**, we are able to give a little happiness in the midst of someone's sadness; we give light to a family who only sees darkness; we as Lions give a part of ourselves so that others may have a better day or week or life. It is what we, as Lions, do without expecting any appreciation because WE SERVE!

Back in 1925 Helen Keller asked us to be the "Knights of the Blind in the crusade against darkness". I am proud to say that we in District C have gone beyond that and have become the Hope for the Hungry, Angels to the Children who needed us in different ways, Protectors to the Senior Citizens whose lives we make easier and happier every day, Hero to the Soldiers whose lives were turned upside down to protect us, and on and on.

As we approach this Thanksgiving, sit back and take some time to remember what you are thankful for. Personally, I am thankful for my parents who were called home way to early but who I remember daily, I am thankful for all the wonderful people who have impacted my life and ready me to become a better person, and finally I am also thankful for my Lions Family who also gave me the tools and support to be a caring and thoughtful person and a better Lion.

So everyone please, take a moment to be thankful, not just for the gifts we have received but also for the gifts we bestow onto others. **I Believe** we do make a difference. \*\*\* Happy Thanksgiving \*\*\*

## HELPFUL HINTS FROM THE CLUB SUPPORT TEAM

### Retention Survey Results

John Budzak, Jr, Retention Chair

Lions have been doing a pretty good job of bringing in new members, but so far this year we have dropped 2 for every 1 we have brought in. A survey was sent out earlier in the year to find out just why we were having this horrible drop in membership. I have received back about 50% of the surveys that were sent out; I feel that the results are a pretty good snapshot of what is going on in the District.

**1.** We have a problem with **conflicts** within our clubs. If your club is having conflict issues, ask for help. Your leadership team can help to reduce the conflict within your clubs. Sometimes outside help is needed to find the true problems and perhaps give a roadmap to fixing them.

**2. Not knowing what they got into** was another issue on the survey. There is no orientation before people become Lions. In addition, sponsors are not doing a good job of mentoring their new members. Clubs need to develop a two-step orientation process -- the first step of the process is what is expected in an individual club; the second phase, six months later, would be an overview of what LCI is all about. A mentoring system should also be developed within each club or zone. The sponsor is the primary resource, but another club member should help as well. In this way two things occur, the first being that the new member feels valued in that others are showing a concern about their being a member and two, the sponsor gets help in fulfilling the responsibilities of bringing in a new member.

**3. Financial concerns** are a big part of why people are dropping. They can't afford to be members when they are concerned with paying the bills and just getting by. We might keep members in our clubs if we have a quarterly payment plan. If dues are \$72.00 a year, four payments of \$18.00 is a lot easier to come up with than one lump sum.

**4. Health reasons** are becoming more of an issue. Our membership is getting older and it is showing in our drops. These members just can't be as active, and they are retiring from Lions like they retire from their working lives. I don't have any suggestions as to how we can keep these members in our clubs, but it is becoming a significant number of our dropped members.

**5.** Finally, **burnout** is a problem also. We have certain members in clubs that start out burning bright and taking on the world. Then after a few years, they cannot keep up the pace and burn out. They get tired of doing all of the work and drop their membership. In the past this has been prevalent the year after these members have been president or even zone chair.

These are just some ideas about how we can stop our loss of members. If you have any ideas, please forward them to me at [warbuff60@comcast.net](mailto:warbuff60@comcast.net).

\*\* This article was condensed to fit the space; the unedited version is available at [www.md19clions.org](http://www.md19clions.org) \*\*

### CLUB SUPPORT TEAM – WHO TO CONTACT

<b>Leadership:</b> PDG Bill Ellis 253-925-5865 <a href="mailto:lionellis@aol.com">lionellis@aol.com</a>	<b>Training:</b> PZC Ron Smircich 360-491-6427 <a href="mailto:rsmircich@msn.com">rsmircich@msn.com</a>	<b>Service:</b> Sharon Sikes 360-412-0225 <a href="mailto:Sharon.sikes@DoGreatThings.net">Sharon.sikes@DoGreatThings.net</a>
<b>Membership:</b> Jack Ford 360-456-4078 <a href="mailto:lynjac@att.net">lynjac@att.net</a>	<b>Extension:</b> PZC Bill Zidel 360-790-7398 <a href="mailto:zidelrcsd@aol.com">zidelrcsd@aol.com</a>	<b>Retention:</b> PZC John Budzak, Jr. 253-848-2353 <a href="mailto:Warbuff60@comcast.net">Warbuff60@comcast.net</a>

# UPCOMING EVENTS

## District C Cabinet Meeting

Thursday, Dec. 8

6 pm Social, Dinner at 6:30, Meeting at 7:00  
Denny's Restaurant  
626 South Hill Park Drive, Puyallup

## Peace Poster Contest

Theme: **Children Know Peace**

Deadlines: **Nov. 15**, club winners to DG Rick  
for judging

**Dec. 1**, District 19C winner to MD-19 for  
judging at the next level

## Environmental Photo Contest

The list of photo categories and contest rules  
can be found on our website at

[www.md19clions.org](http://www.md19clions.org)

Deadline: **Nov. 30**

Info: PDG Dave Pratt, 360-400-1746  
[Dave.DHP@comcast.net](mailto:Dave.DHP@comcast.net)

## Thank First Responders

Wednesday, Nov. 30

Show your appreciation for the hard work done by  
the local police, firefighters, and EMS in  
support of your community – adopt a station!

Info: Shelley Clayton, 253-241-4664  
[Thank1responder@yahoo.com](mailto:Thank1responder@yahoo.com)

## C-2 Zone Meeting

Tuesday, Nov. 15, 6:30 pm

Unity Church, 1335 Fern St SW, Olympia  
Dinner Cost: \$10 Dessert Auction  
Proceeds benefit Homeless Backpack Program  
**RSVP by 11/11:** AZC Jan Weatherly  
360-459-5123 or [Jan.weatherly@aol.com](mailto:Jan.weatherly@aol.com)

## C-1 Zone Meeting

Monday, Nov. 21, 6 pm

Hosted by Tacoma Downtown Lions Club  
Denny's Restaurant on 6<sup>th</sup> Ave, Tacoma

\* \* \* \* \*

## NW Lions Leadership Institute

February 9-12, 2012

Wesley Inn, Gig Harbor  
"Right in our own backyard!"



Registration: PDG John Bergvall

[johnbergvall@comcast.net](mailto:johnbergvall@comcast.net)

Info: [www.nwlionsleadershipinstitute.org](http://www.nwlionsleadershipinstitute.org)

## CLUB ACTIVITIES

### COVINGTON LIONS CLUB

#### Craft Beer Tasting

Every second Tuesday of each month  
Cedar Grill, 23631 Maple Valley Hwy (SR 169)  
*Micro and Nano Brews from the Northwest*  
Cost: \$8 for 5 different beers (4 oz. each)  
Raffle each month for prizes  
Appetizers and dinner available from the menu

### RAINIER LIONS CLUB

#### Open House

Saturday, November 12  
All You Can Eat Pancake Breakfast, 8am-Noon  
*Pancakes, eggs, bacon, juice & coffee*  
Silent Auction 8am-6pm & Live Auction 6-8 pm  
Rainier Chapel on Hwy 507  
Info: Evan 360-280-0205 George 360-446-4606

### TACOMA DOWNTOWN LIONS CLUB

#### 90<sup>th</sup> Anniversary

Saturday, November 12  
6pm Social / 7pm Dinner  
CI Shenanigans, Ruston Way in Tacoma  
\$40/person RSVP Required by Nov. 1  
Info: 2VDG Marilynn Danby  
[mdanby@comcast.net](mailto:mdanby@comcast.net) or 253-208-4556

### LACEY SUNRISE LIONS CLUB

#### 36<sup>th</sup> Charter Celebration

Saturday, November 19, 5:30 pm  
The Golf Club at Hawks Prairie  
Cost: \$22/person  
RSVP by Nov. 6<sup>th</sup> to Terri Warren  
360-456-5495 or [tlw124@aol.com](mailto:tlw124@aol.com)

### PUYALLUP VALLEY LIONS CLUB

#### Annual Poinsettia Sale

\$12 each Available in red, pink, or white  
Delivery Dates: Nov. 22 or Dec. 13  
Place an order with Karen Schrodt  
[kschrodt@comcast.net](mailto:kschrodt@comcast.net)

### CHRISTMAS TREE SALES

When you're out looking for the perfect tree (or  
swag or wreath) this year, watch for those Lions  
Club tree stands that pop up throughout 19C!

**Check out the District website for flyers on  
these and other club events**  
[www.md19clions.org](http://www.md19clions.org)



## 17 NEW MEMBERS

### Club

DuPont  
DuPont  
Hood Canal  
Kent  
Lacey Sunrise  
Lacey Sunrise  
Lacey Sunrise  
Olympia Host  
Olympia West  
Port Orchard  
Port Orchard  
Port Orchard  
Poulsbo  
Poulsbo  
Tacoma Downtown  
Tacoma Downtown  
Tacoma Southeast

### New Member

Michael Cruz  
Casey Holmes  
Tyler Schlauderaff  
Kyle Mullins  
Nancy Bucknell  
Debra O'Neill  
Thomas M O'Neil  
Robert Meenk  
George Horn  
Evalina Kenady  
Richard Kenady  
Elisa Slowey  
Arash Delafkaran  
Sheila Otterson  
Joyce Landrum  
N. Dianne Manley  
Brooke Higgins

### Sponsor

Debrah Kerner  
Lee McDonald  
William Hunter  
Bill Westcott  
Pat Bucknell  
Sugar Murphy  
Beth Davis  
John Calhoun  
Gary Ferko  
Frances Hill Freeland  
Carl Freeland  
  
Jay Dahlquist  
Dick Risley  
Marilynn Danby  
Marilynn Danby  
Frank Pearce

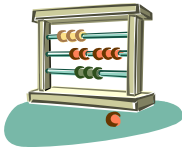
### In Memoriam

#### Name

Rick Armstrong  
Lois Hosking  
June Williams

#### Club

Eatonville  
Lakewood First  
Lakewood First



### BY THE NUMBERS

District Membership as of July 1, 2011: 1625 Total Members  
District Membership as of Oct. 31, 2011: 1574 Total Members

## TREES – TREES – TREES

On October 1st, the District 19C Environmental Project was conducted in partnership with the Pierce County Stream Team. 29 Lions, from 12 clubs throughout the District, volunteered 87 hours to plant 400 young cedar trees as part of a stream/watershed recovery project.

In July, LCI Pres. Tam asked Lions around the world to plant one million trees this year. To date, **5,213,587** trees have been planted!

Dave Pratt, District Environmental Chair

## ...AND MORE TREES!

The DuPont Lions Club planted trees and got some great PR in the South Puget Sound News, [www.southpugetsoundnews.com/news/duPont%e2%80%99s-historic-village-receives-three-new-japanese-cherry-trees/](http://www.southpugetsoundnews.com/news/duPont%e2%80%99s-historic-village-receives-three-new-japanese-cherry-trees/). Article/photo on Page 7.

## Excellence in 19C!

### Secretary Excellence Awards

Barbara Wasser	Tacoma Downtown
Chuck Waid	Puyallup Valley
Dave Pratt	Yelm
Donna Fincke	Lacey Sunrise
Joe Morales	Gig Harbor
Kim Riley	Tacoma Southeast
Linda Lazelle	Rainier
Pam McMains	Mineral Lake

### Zone Chair Excellence Award

John Kirry, C-1

### Club Excellence Awards

Gig Harbor  
Lacey Sunrise  
Puyallup Valley

### Club Visitation Excellence Award

Enumclaw Lions Club

(Awards for 2010-2011 Lions Year)

## DG Rick's Schedule (subject to change)

DATE	CLUB	TIME	ZONE
<b>NOVEMBER</b>			
11/1	Kent	7:00 pm	C-3
11/2	Key Peninsula	6:30 pm	C-1
11/8	Olympia Host	Noon	C-2
11/8	Olympia Capitol City	7:00 pm	C-2
11/9	Lakewood First	7:00 am	C-1
11/9	Bremerton Central	Noon	C-4
11/9	Tacoma Southeast	6:30 pm	C-1
11/10	Lacey Sunrise	7:30 am	C-6
11/10	Lacey Mid-Day	Noon	C-6
11/10	Tenino	7:00 pm	C-6
11/15	Enumclaw	Noon	C-3
11/15	Brem. Chief Kitsap	7:00 pm	C-4
11/16	DuPont	7:30 am	C-6
11/16	Orting	7:00 pm	C-5
11/22	Olympia West	6:45 pm	C-2
<b>DECEMBER</b>			
12/1	Eatonville	7:00 pm	C-5
12/6	Federal Way	Noon	C-3
12/6	Federal Way Knights	7:00 pm	C-3
12/14	White River Valley	5:30 pm	C-3
<b>JANUARY</b>			
1/4	Sumner	7:00 pm	C-3
1/10	University Place	5:45 pm	C-1
1/11	Puyallup	6:30 pm	C-3
1/12	Tacoma Downtown	5:30 pm	C-1
1/24	Spanaway	7:00 pm	C-5
1/26	Silverdale Dandy	6:45 pm	C-4

## AND THE WINNERS ARE...

District 19C was well-represented in Contests and Awards at the MD-19 Annual Convention last month!

### Club Business Card

Winner: Silverdale Sunrise Lions Club

### Club Visitation: 50 Members or Less

Winner: Enumclaw Lions Club

### Club Visitation Per Capita

Winner: Enumclaw Lions Club

### Zone Chairperson Newsletter

Winner: John Kirry, C-1

Editor Marilyn Danby

### Club Bulletin

Runner Up: Olympia Host Lions Club

### Club Inspiration Award

Runner-Up: Lacey Mid Day Lions Club

### Musical Performance

Runner Up: Lacey Sunrise Lions Club

### Highly-Competitive Horseshoe Contest

Winners posing with award: DG Rick Drury, ZC Mike Peterson and Bruce Emig (Pres. Bonney Lake Lions Club). PZC John Kirry was the 4<sup>th</sup> team member.



## UPDATES/CHANGES

The **University Place Lions Club** is now meeting at Bridgeport Place, 5250 Bridgeport Way W, University Place. Meetings are still on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays, starting at 6:00 pm.

The **Olympia Capitol City Lions Club** is now meeting at the Black Bear Diner at 955 Black Lake Blvd SW, in Olympia. Meetings start at 7 pm on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays.

**GOT NEWS?** Send information for the newsletter to Editor Jacqueline Pratt at [LionJ.Pratt@comcast.net](mailto:LionJ.Pratt@comcast.net)

**DEADLINE:** 1<sup>st</sup> of the Month (but you don't have to wait until then!)

## NOVEMBER IS DIABETES AWARENESS MONTH

Here are some facts:

- Diabetes affects 25.8 million people of all ages.
- The number of people *diagnosed* with Diabetes is 18.8 million.
- There are 7.0 million people who are *undiagnosed*.
- Diabetes is the seventh leading cause of death in the USA and can cause serious health problems, including blindness, kidney failure, and heart disease.

Can you prevent it? YES! KNOW YOUR RISK FACTORS.

The majority of people are at risk for Type 2 Diabetes. They are:

- Overweight,
- 45 years or older,
- have a family history of diabetes,
- have blood pressure of 140/90 or higher, or have been told they have high blood pressure,
- are inactive or exercise fewer than 3 times a week, or
- have had gestational diabetes or gave birth to a baby weighing more than 9 pounds.

People from diverse ethnic backgrounds are also at risk, not just Caucasians.

SO! Begin reducing your risk by:

- losing a small amount of weight (7% of your body weight)
- increasing physical activity by as little as 30 minutes a day
- eating more fruits and vegetables and whole grains

Begin a healthier lifestyle today. It makes all the difference.

Bonnie Manning, RN  
District Diabetes Awareness Chair

[ladybug81843@yahoo.com](mailto:ladybug81843@yahoo.com)  
253-210-8004



On October 25<sup>th</sup> the DuPont Lions Club, in collaboration with the City of DuPont Tree Board and Public Works Department, purchased and planted three Japanese Cherry trees on Barksdale Avenue by Iafratti Park in the Historic Village. The new trees replaced some that had died from age and root damage.

The Arbor Day activity was in recognition of this year's Lions Clubs International's one million tree planting goal and DuPont's designation as a "Tree City USA".

The cherry trees lining Barksdale Ave, and throughout the historic village, were originally planted in the 1930s by the DuPont Company. For decades, the blossoming trees have been a symbol of spring and hope for the villagers.



## MD 19C Global Membership Team (GMT)



### Membership Growth – Words to Ponder

Jack Ford, District Membership Chair, received some excellent information to share regarding the fear of rejection as a barrier to membership growth. Andre Nimchuk, GMT Leader, Canada, forwarded a paper written by Jack Isaman addressing the need for growth. Due to space constraints, a synopsis follows. The entire article can be found on the District website at [www.md19clions.org](http://www.md19clions.org).

### *Fear of Rejection*

Some Lions have never sponsored a new member, and it was concluded that the main reason that they don't invite others to join their club was a fear of rejection. So we urge each and every member to ask someone to join – the first one you ask may turn you down – and the second – and the third; but the fourth may not, nor the fifth, nor the sixth. The secret is to persevere – try again – not give up – GET OVER THE FEAR OF REJECTION!

Yes – try again! Be persistent! Several instances where perseverance resulted in success:

- During its first year of business, the Coca Cola company sold only 400 Cokes.
- Basketball superstar Michael Jordan was cut from his high school basketball team.
- In 1902, the poetry editor of the Atlantic Monthly magazine returned the poems of a 28 year-old poet with the following note: "Our magazine has no room for your vigorous verse". The poet was Robert Frost.
- In 1905, the University of Bern, Switzerland, turned down a doctoral dissertation as being irrelevant and fanciful. It was by Albert Einstein.
- After Fred Astaire's first screen test, the memo from the testing director of MGM, dated 1933, said: "Can't act! Slightly bald! Can dance a little!" Astaire persisted and kept that memo over the fireplace in his home.

***The lesson to be learned from all these stories about famous people is this:***

***Don't worry if your invitation is turned down.***

***Don't worry about rejection.***

***Instead, worry about all the opportunities you miss when you don't try.***

---